



BVPS BARKERS VALE PUBLIC SCHOOL

excellence innovation opportunity success

Newsletter



Dear Parents and Carers,

Library Upgrade

Over the September/October school holidays our library was lifted and work was completed to underpin the building with a new brick wall, piers and metal columns before the building was levelled and lowered. The internal works will begin shortly; where our library will be painted, a new air conditioner installed, carpet, shelving and furniture. Stay tuned for photographs of this exciting upgrade.

School Swimming and Water Safety Program

Our students were due to be engaged in the Swimming and Water Safety program in week 7 of this term, but due to recent COVID 19 restrictions it was difficult to organise not knowing what we would be able to proceed with. With this in mind we changed the program to Term one 2022 in Week 5, which now gives us time to organise coaches and our students will still get to participate in this very important program.

Danielle Haywood

IMPORTANT DATES TERM 4

Friday 19 November
Crazy sock and hair
day.

—
Year 6 Farewell TBC



Please join in
celebrating our students
achievements and
keeping up to date with
current school notifications by
following our Facebook page;
Barkers Vale Public School.

PBL Positive Behaviour for Learning

I am Connected – Eating areas/Canteen: I pick up rubbish when I see it, I take the time to completely repack my bag, I help younger children at the canteen, I stand behind the white lines and wait my turn.

Term 4 Week 6
2021

CANTEEN NEWS



We are so lucky to have a canteen that is open each Monday to provide healthy food for our students. This term there will be some changes; canteen will continue to run on a Monday but we require a parent volunteer to help prepare, heat and serve the food, for the canteen to be sustainable. The volunteer parent will not be required to cook any food from scratch, just prepare the cooked food. A note went home on Friday asking for parents to volunteer even if it is only for a couple of hours in the morning. If you have time once or twice a term please complete and return the note so a roster can be organised. From this Monday 8 November all parent volunteers are welcome on school grounds if you are double vaccinated. The canteen is important to our students and our school community, but it is only possible with your support.

MENU Monday 15 November

SPECIAL MEAL Chicken nuggets and salad \$4

HOT FOOD

Chicken Pies \$4

Meat Pies \$4

Mini Pies .80c

Sausage Rolls \$3.50

Cheese & Spinach Rolls \$4

Toasted sandwich \$2.50

cheese/ham/salami



DRINKS/TREATS

Juice 50c

Ice blocks 50c

Cakes/slice 50c

Smooze 1.00



I can help on: (please circle available dates)

29 November

15 November

6 December

22 November

18 December

Name: _____

INTERSPEAK

Congratulations to our Interspeak presenters who delivered their speeches to the COLOURSS schools via ZOOM last Tuesday. All students spoke with confidence and understanding of how to present and persuade to an audience. I was so proud of them and how much effort they had put into writing, revising and rehearsing their speeches. They demonstrated resilience and a growth mindset to persist past their feelings of nervousness.

Danielle Haywood

Last week six students from BVPS did Interpeak with other schools on a zoom meeting. Lucas, Lukas, Wren, Bayley, Amelie and Xavier practised over three weeks. Interspeak is a program where schools come together to share speeches. The other stages were cancelled but everyone that presented got a bronze medal.

Wren

Interspeak is where students from different schools all come together to write a speech and share it with their peers. The kids who participated got a medal and the kids really enjoyed it.

Lucas

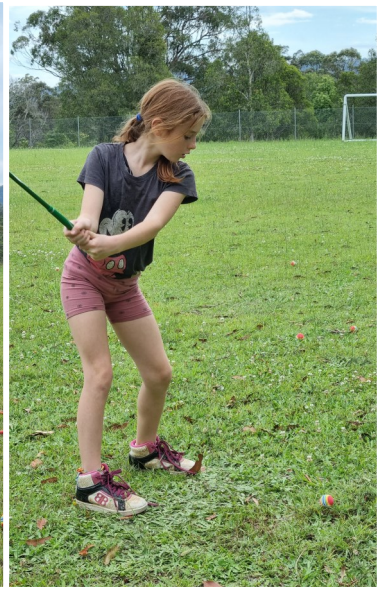


Catchment Trailer

On the 27th of October a catchment trailer came to school to show us the Richmond catchment area, which supplies the Lismore area with water. It showed the pollution from oils spills, sunken cars and boats, pesticides, dirty roads and non-contained cow farms. We learned how to look after our catchment so we have a healthier catchment, waterways and ocean. All of us really enjoyed the catchment trailer.

By Bayley





Term 4 Sport

We were fortunate this term to receive a Sporting Schools grant which enabled us to purchase new golf equipment and be able to offer our students golf lessons. Each week students will learn a new skill before eventually designing and playing their own course.



During our Kindergarten Orientation program, your child will experience our beautiful learning environment with Ms Natasha Jankovic who will be delivering the orientation program and is looking forward to meeting and getting to know our 2022 kindergarten students. The students will get to experience and participate in a range of wonderful activities and helps to prepare students for their start to Kindergarten in 2022. The program also ensures Natasha has all the relevant information to support your child with the best start to their education.

It is a requirement of the Department of Education that parents of prospective students have completed an enrolment application and submitted it prior to attending the orientation program. The application form can be found at <https://barkersval-p.schools.nsw.gov.au/about-our-school/enrolment.html>

Please contact our school office on 6689 7202 if you have any questions about this free transition program.

While we are in Level 3 COVID restrictions parents will be able to drop off their child in the school grounds at a designated area and will need to follow COVID safe procedures.

What makes a healthy snack?

Here are some simple ideas for healthy snacks that you can make at home or add to lunchboxes:

- Fruit muffins or slices, baked using monounsaturated or polyunsaturated oils and margarine instead of butter
- Fresh, frozen, canned (in natural or unsweetened juice) or dried fruit
- Raisin or fruit toast*
- Toasted English muffins, preferably wholemeal or wholegrain*
- Reduced fat custard with fruit
- Rice crackers or corn cakes
- Plain popcorn (unbuttered and without sugar or salt coating)
- Muesli and fruit bars – look for the healthier choices or those with the Heart Foundation Tick
- Scones or pikelets (plain, fruit or savoury)*

- Plain breakfast cereals, such as wheat breakfast biscuits with reduced fat milk, topped with sliced banana and a drizzle of honey
- Snack-sized tub of reduced fat yoghurt (plain or fruit flavoured)
- Cubes, slices, shapes or wedges of reduced fat cheese with wholegrain crackers or crispbread
- Potatoes, topped with reduced fat cheese and baked in the microwave or oven
- Corn on the cob*
- A boiled egg.

** Skip the spread or use in small amounts, preferably monounsaturated or polyunsaturated.*

Term 4 roadmap

From 8 November

- All schools will operate on updated Level 3 settings for the rest of Term 4.
- School sports allowed
- Inter-school sports allowed outside of school hours
- Assemblies and presentations allowed outdoors on-site
- Excursions allowed outdoors
- Dancing and some music classes allowed
- Fully vaccinated visitors allowed on site to support curriculum delivery, wellbeing programs and school operations
- Community use allowed (including P&C meetings)

From Term 1 2022

We can look forward to more freedoms as schools return in 2022.

Keeping us all safe

A combination of **layered safety measures** allow us to prioritise student and staff wellness while we keep schools open.

Stay home if unwell

- Do not attend or participate if unwell, even with mild symptoms.



Vaccinations required

- All adults must be fully vaccinated.



Always check in

- All staff and visitors must check in when attending a school site or gathering.



Wear masks indoors

- Masks are required indoors for all staff, visitors and students in Year 7 or above, and strongly recommended indoors for primary students.
- You can take your mask off when eating or exercising.



Stick to your cohorts

- Avoid mingling with other groups when moving around the school.



Maximise ventilation

- Activities and events should be held outdoors where practicable.
- Indoor spaces will be well ventilated and as large as possible for the number of attendees.



Physically distance

- Maintain 1.5 metres physical distancing wherever practicable.

