

Term 3 Week 4 Wednesday 14 August, 2019



Dear Parents and Carers,

My name is Justine Griffin and I am very excited to join the amazing team of dedicated teachers at Barkers Vale Public School, as Relieving Principal.

This term is looking to be very busy with lots of exciting opportunities to learn, play and develop. Over the next few weeks I will be getting to know the students and discover a little bit more about each person's likes, dislikes and wishes, both academically, socially and emotionally.

The students at Barkers Vale are insightful and delightful young people and I am thrilled to be sharing in their learning journey and to be working with the K/3 class. We will continue our close alliance with the COLOURSS network planning and hosting a variety of interesting events in the near future. I also look forward to meeting and working with the families and community of Barkers Vale Public School. I encourage everyone to call in and say hello. If you have any questions or queries, please let me know.

IMPORTANT DATES

Term 3

- Fri 16 Aug: Lunch orders due for Cultural Day
- Thu 20 Aug: School Photos
- Fri 23 Aug: COLOURSS Cultural Day
- Thu 29 Aug: Science Day
- Thu 5 Sep: Book Character Parade
(more information coming)
- Tue 17 Sep: Byron Bay Excursion
(more information coming)
- Thu 12 Sep: Senior in-class speeches
- Thu 19 Sep: Public Speaking Final

Cultural Day Lunch Orders

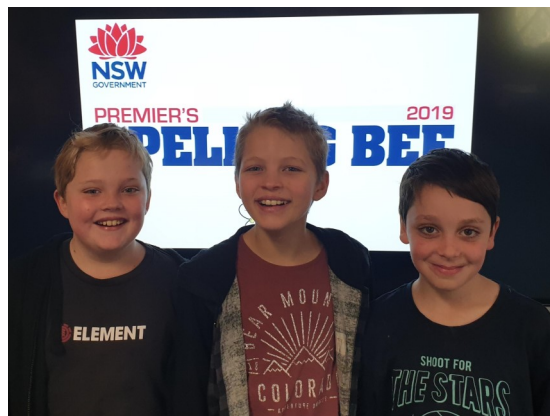
The due date for lunch orders has been extended to **Friday 16 August**.

Spelling Bee

Last Thursday Barkers Vale PS held its annual school Spelling Bee within a class setting, supervised by Mrs Elliott and Mr Swift. It was great to see a high level of participation from the Year 2-6 students, considering the amount of illness and absences during the week. Congratulations to all students who participated, and in particular to: Fergus – Senior winner; James – Senior runner-up; Bayley – Junior winner; Lucas – Junior runner-up who will now go on to represent Barkers Vale PS at Bangalow PS on 9th September. All participants received a certificate at the school assembly last Friday.

Ali Elliott

Senior Class Teacher



PBL

POSITIVE BEHAVIOUR FOR LEARNING

Week 4 Focus – Communication

Be Safe: We use our supersonic listening skills to listen to and follow our teachers instructions.

Be Responsible: We raise our hand and await our turn to speak when we're in class.

We take responsibility for the words we use when speaking to others. If we are unsure of an instruction, we respectfully ask for it to be repeated.

Be Connected: We speak to each other with kindness. We use a friendly tone of voice, and we look at the person we are speaking to. We also use our supersonic listening skills when having conversations and in this way the person we're talking to knows that we are listening to them.



K-6 students created their own Mondrian inspired artworks using the MS Paint program with Mrs Elliott.





Recycling at Barkers Vale Public School – Term 3, 2019

We have been running a very successful recycling system here at Barkers Vale PS for several years now. This involves the children, parents and school staff volunteering once a term to collect all the paper and plastics around the school. This term we are going to continue to recycle each fortnight.

Below is a copy of the roster so far. If you can help out with recycling this term we would be most grateful. Please call the school on 66 897 202 or send in the note below to let us know if you can help. We usually gather the recycling on a Thursday morning so it can be collected that afternoon. Thanks for your help.

Week	Who
Week 6: Thursday 29th August	
Week 8: Thursday 12th September	C Ryan
Week 10: Thursday 26th September	L Loxton

_____ ✂ _____ ✂ _____ ✂ _____

YES, I can help with recycling! My preferred week is Week: _____

Name: _____

Canteen Roster – Term 3, 2019

Below is our 2019 Term 3 home cooking and parent volunteer roster. Please fill in any days that you are able to contribute time helping in the canteen (it's a really easy job, supporting Wren) and return it to the office ASAP so that we can finalise the Term 3 roster.

Week	Date	Home Cooking	Canteen Helper
Week 5	19th August	Schneider / Oss-Emer	
Week 6	26th August	Shedden / C Marychurch	
Week 7	2nd September	C Potter / N Kelly	
Week 8	9th September	J Marychurch / Terry	
Week 9	16th September	Johnson	
Week 10	23rd September	Tandy / Davis / Guise do Rego	



GO4FUN
HEALTHY ACTIVE HAPPY KIDS



Go4Fun - FREE fun program to help kids become fitter, healthier and happier!

Do you have children between 7-13 years old?

The Go4Fun program is a free healthy lifestyle program to improve health, fitness, self-esteem and confidence in children above a healthy weight.

Go4Fun runs for 10 weeks over the school term for children, between the ages of 7-13 years and their parents. Sessions include games, activities, tips on healthy food, label reading, portion sizes plus much more!

Opportunity for Go4Fun in Kyogle!

Register your family's interest. With enough numbers Go4Fun will run in Kyogle in Term 4, 2019. Call 1800 780 900

To find out more visit www.go4fun.com.au



Northern NSW Local Health District

School Lunch Box Ideas

Include water or reduced fat milk as a daily drink, with fruit juice as an occasional treat.

Snack plain, fruit-based muesli bar

Lunch homemade pizza (make your own pizzas the night before with Lebanese bread, tomato paste, vegies and reduced fat cheese. They taste great cold the next day!), with fruit in season and water.

Kids in the kitchen

Kids love to help out in the kitchen when you're planning or preparing a meal. Giving them age-relevant tasks makes them feel involved and also gives you an extra pair of hands.

- Invite them to help you plan a meal and discuss what ingredients you'll need.
- Give small children jobs such as setting the table, washing the vegetables/salad or stirring something. Set up an assembly line to make your own pizzas – everyone can add their favourite toppings and create their own 'signature' creations.

