

Wednesday, 26 June, 2019  
Term 2 Week 9

# ★ Newsletter

## Principal's Message

### Staff Development

My apologies for the newsletter not going home yesterday. There were several unplanned incidents which needed to be addressed, inhibiting the finalising of this weekly publication.

Yesterday, on my Principal's Administrative day, I attended a Primary Principal's meeting in Lismore where the focus was on school policy and procedural changes. There was some valuable learning regarding Conduct and Performance, which was most timely and informative.

### NADIOC Day

We were all very impressed with our students and their positive engagement in the activities during their visit to Rukenvale Public School on Tuesday.



## IMPORTANT DATES

### Term 2

#### Week 9

**Friday 28 June:** COLOURSS

Athletics

**Tuesday 25 June:** NAIDOC Day  
(return notes by Friday 21 June)

#### Week 10

**30 June - 6 July:** Yr 5/6 Canberra  
Excursion

### Term 3

**Friday 26 July:** District Athletics

**Thursday 22nd August:** School Photos

**Friday 23 Aug:** COLOURSS Cultural  
Day

**Thursday 29 August:** Science Day

**Thursday 19 Sept:** Public Speaking



## COLOURSS Athletics Carnival

It has been confirmed today that the carnival will go ahead on **Friday—tomorrow**. If conditions change drastically we will try to notify parents by phone Thursday evening or Friday morning before 8:00am.



# K123 Colour Exploration

Our class has been exploring warm and cool colours in Art. We've looked at some famous Australian artists and how they use warm and cool colours.

We have also been exploring mixing primary colours to get secondary colours as well as different hues.

Using our mixed colours, our fine motor skills and spatial awareness, we turned our new colours into some delightful artworks.

We love making colourful patterns in creative play.



## PBIL

## Positive Behaviour for Learning

Safe Responsible Connected

**WEEK 9 - Respecting the school's and each other's property and equipment.**

**Safe:** We use equipment safely, carefully to avoid damage, and respectfully so it is available for others to use.

**Responsible:** When we borrow equipment from the school or our friends, we need to ask permission. We ensure we use it responsibly and return it in good condition and in a timely manner.

**Connected:** We care for each other's equipment and that of the school so it is accessible for all.

Taking things from others or the teacher's desk is not respectful, responsible or connected. It's good manners to ask.



# SCHOOL LUNCH BOX IDEAS

Calcium is lacking in many children's diets provide a calcium-rich food like milk, cheese or yoghurt every day. Children under two years of age need full-cream milk and dairy products for extra energy. After two years of age, gradually introduce reduced fat milk and dairy products.

**Snack** vegie sticks (e.g. carrot, capsicum) with a small tub of salsa dip


**Lunch** peanut butter sandwich, with fruit in season, small tub reduced fat yoghurt (plain or fruit) and water

## RECIPE Beetroot and Tahini Dip with Vegetable Sticks

Ingredients	
2 celery stalks	2 tbs tahini
2 large Lebanese cucumbers	1/4 cup low fat plain Greek style yoghurt
2 large carrots	1 clove garlic, peeled and chopped
2 tsp sesame seeds	1 tsp ground cumin
<b>Beetroot Tahini Dip</b>	1 tsp ground coriander
500g packet whole cooked beetroot, drained	2 tbs lemon juice
425g can no-added-salt cannellini beans, drained	

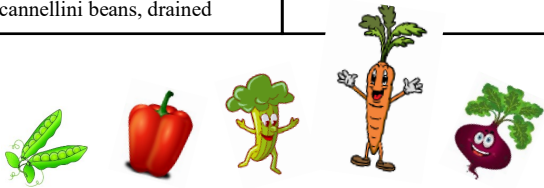
### Method

1. Cut celery, cucumber and carrots into approximately 1cm thick sticks.
2. To make dip, place all ingredients in a food processor. Process until smooth.
3. Transfer dip to serving bowl or individual containers. Sprinkle with sesame seeds. Serve with vegetable sticks.



**Tasks for kids:**  
 Measure spices, tahini and yoghurt.  
 Peel garlic.  
 Cut vegetables into sticks with adult supervision (Step 1).  
 Sprinkle with sesame seeds (Step 4).

**Note:** Packaged, peeled, cooked beetroot in natural juice is available from the fruit and vegetable section at major supermarkets. Tahini is a paste made from ground sesame seeds. You'll find it in the supermarket health food aisle. This dip will keep for up to one week in a container in the fridge.



## RECYCLING ROSTER – TERM 2

Week	Who
Week 10: Thursday 4th July	Kath Johnston

## TERM 2 - CANTEEN ROSTER

Below is our 2019 Term 2 home cooking and parent volunteer roster. Please fill in any days that you are able to contribute cooking or your time helping in the canteen (it's a really easy job, supporting Wren) and return it to the office ASAP so that we can finalise the Term 2 roster.

Week	Date	Home Cooking	Canteen Helper
Week 10	1st July	Help needed	Sequoia

### Lunches

Please talk to your children about their lunches. Some students are presenting with not enough food for the day, saying they are hungry and they have eaten all that has come from home. We try and supply extra sandwiches or fruit when available but we don't always have extra food on site.

### Canberra Excursion

We wish our years 5 and 6 students all the best on their Canberra trip next week. Thank you Mrs Elliott and Ronnie for giving up your family time to give our students this special experience. Thank you also to our families for supporting this amazing opportunity.

**A reminder that students need to be at Lismore City hall at 7.15pm on Sunday ready for a prompt 8.00pm departure.**



**HANGING ROCK RURAL FIRE BRIGADE**  
**LINK ROAD, WADEVILLE NSW 2474**

Every Fire Season can cause serious concerns so please always be mindful

### **PERMIT SEASON**

**Is from 1<sup>st</sup> September to 31<sup>st</sup> March EACH YEAR unless otherwise advertised**

### **PERMIT OFFICERS**

**JULIAN SHARMA 0429 098 223**

**NOAH NIELSEN 0418 113 406**

**ARTHUR SLADE 0488 000522**

**ON TOTAL BAN DAYS: \* NO OUTSIDE FIRES \* NO WELDERS \* NO ANGLE GRINDERS**

**NOTIFICATION** IF YOU INTEND TO LIGHT ANY OUTSIDE FIRES OTHER THAN A SMALL COOKING FIRE YOU ARE REQUIRED BY LAW TO GIVE A MINIMUM OF 24 HOURS PRIOR NOTICE TO:

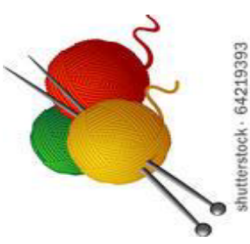
- ❖ ADJOINING NEIGHBOURS
- ❖ YOUR LOCAL RURAL FIRE BRIGADE 0429 098 223
- ❖ AND RFS CONTROL CENTRE 02 666 3000

**THIS APPLIES TO ANY TIME OF THE YEAR NOT ONLY IN PERMIT SEASON**  
**ANY CONCERNS OR QUERIES PLEASE CONSULT ONE OF THE ABOVE PHONE NUMBERS**

**NON COMPLIANCE MAY RESULT IN SIGNIFICANT PENALTIES**

# **Nimbin Holiday Club**

## **Winter Program**



shutterstock - 64219393

for 5 - 12 year olds.  
For bookings phone 66891692, text Kylie on  
0487576281 or visit Nimbin Neighbourhood and  
Information Centre

This program is brought to you by Nimbin Neighbourhood & Information Centre and funded  
by NSW DEC

Date	Program	Cost
Tuesday 9 <sup>th</sup> July	<b>Excursion – Lismore roller skating and park</b> We are going roller skating then heading to the park	\$25
Thursday 11 <sup>th</sup> July	<b>Nimbin Community School, Park and Skate Park</b> We will be doing some winter wool craft, sewing, knitting and pompom making <b>Winter Woolies</b>	\$12
Tuesday 16 <sup>th</sup> July	<b>Nimbin Community School, Park and Skate Park</b> We will be experimenting with different kinds of printing, including screen printing and lino prints <b>Printing</b>	\$12
Thursday 18 <sup>th</sup> July	<b>Nimbin Community School, Park and Skate Park</b> We will be going to the library to do some craft as well as our usual fun and games <b>Library craft – pattern making</b>	\$12